



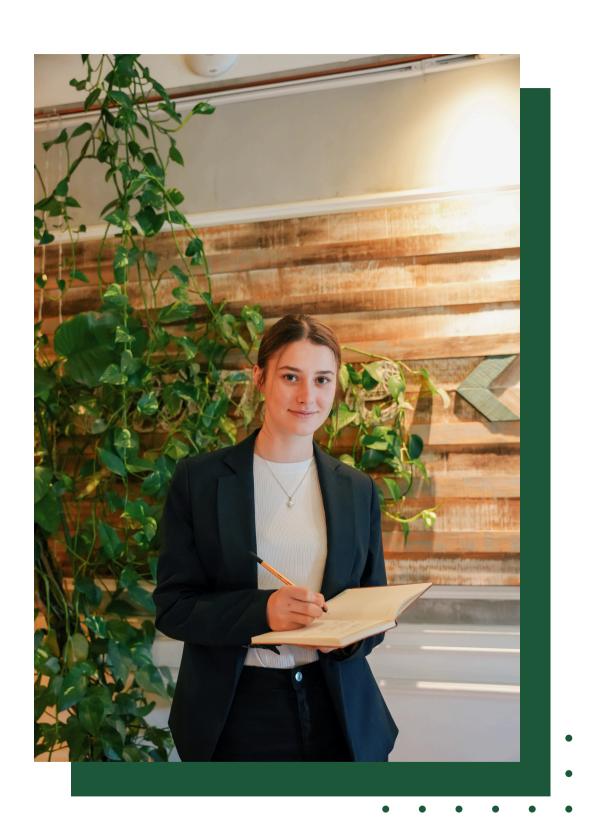
OZIALIFEWELL PRODUCT GUIDE

NAVIGATING YOUR PATH TO WELLNESS



01 Introduction 10 Drops **25** Juices **27** Capsules 44 Guidelines **45** Devices 49

Disclaimer



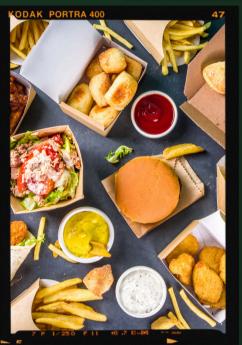
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INTRODUCTION

Welcome to the Ozia Lifewell Product Guide, your comprehensive resource for exploring our range of health and wellness offerings. At Ozia Lifewell, we are committed to empowering individuals on their journey to optimal health and vitality. In this guide, you will discover a diverse selection of products designed to support aspects of well-being, from nutritional various supplements to wellness devices. Whether you're seeking to boost your immune system, improve your digestion, or enhance your overall wellness, we have a solution tailored to your needs. Join us as we embark on this journey towards a healthier, happier life together.











THE ROLE OF NUTRITIONAL PRODUCTS

NAVIGATING HEALTH CHALLENGES

In our modern society, several factors contribute to the increasing need for nutritional products to support our health and well-being. From lifestyle disorders to environmental factors, here are some key reasons why nutritional supplementation has become essential:





LIFESTYLE DISORDERS:

Sedentary lifestyles, poor dietary choices, and high-stress levels have led to an increase in lifestyle disorders such as obesity, diabetes, and cardiovascular diseases. Nutritional products can help mitigate the effects of these disorders by providing targeted nutrients to support metabolic health and overall wellness.

DIETARY CHOICES AND BUSY SCHEDULES:

Busy schedules often lead to reliance on convenience foods that are high in calories but low in essential nutrients. Additionally, dietary restrictions or following specific diet plans may result in nutrient deficiencies. Nutritional products offer a convenient solution to supplementing these deficiencies and ensuring that our bodies receive the nutrients they need to function optimally.

AGE-RELATED NUTRITIONAL NEEDS:

Different stages of life require varying nutritional needs. Children, pregnant women, and the elderly may have specific nutrient requirements that are challenging to meet through diet alone. Nutritional products tailored to different age groups can help address these unique needs and support optimal health at every life stage.



ENVIRONMENTAL FACTORS:

Factors such as GMOs, hybrid foods, pollution, and electromagnetic waves can impact the nutritional content of our food and contribute to nutrient depletion in our bodies. Nutritional products sourced from high-quality, non-GMO ingredients offer a reliable way to supplement these essential nutrients and counteract the effects of environmental stressors.

MODERN TECHNOLOGIES:

The widespread use of modern technologies such as microwaves, air conditioners, and electronic devices can expose us to electromagnetic radiation and disrupt our body's natural balance. Nutritional products enriched with antioxidants and other protective nutrients can help mitigate the oxidative stress caused by these environmental factors.

MEDICATIONS:

Certain medications can deplete our bodies of vital nutrients, leading to deficiencies. Nutritional supplementation can help replenish these depleted nutrients and support overall health, providing a necessary complement to pharmaceutical treatments.



FAST FOODS:

Frequent consumption of fast foods and processed foods may lack essential nutrients while providing excess calories. Nutritional supplementation can help bridge the gap by providing vital nutrients that may be lacking in fast food diets, promoting overall health and well-being.

ENVIRONMENTAL CHALLENGES:

Deforestation, global warming, and pollution have also contributed to changes in soil quality and nutrient content in food. Nutritional products sourced from sustainable and organic sources offer a reliable way to obtain essential nutrients without harmful contaminants.



HARMONIZING HEALTH:

THE CONNECTION BETWEEN HERBAL SUPPLEMENTS AND NATURE'S WISDOM

Herbal supplements bridge the connection between humans and nature by offering natural remedies derived from plants. Here's how they support us and foster this connection:



NATURAL HEALING:

Herbal supplements harness the healing properties of plants, which have been used for centuries in traditional medicine systems worldwide. By utilizing the therapeutic compounds found in herbs, these supplements offer natural solutions for promoting health and well-being.

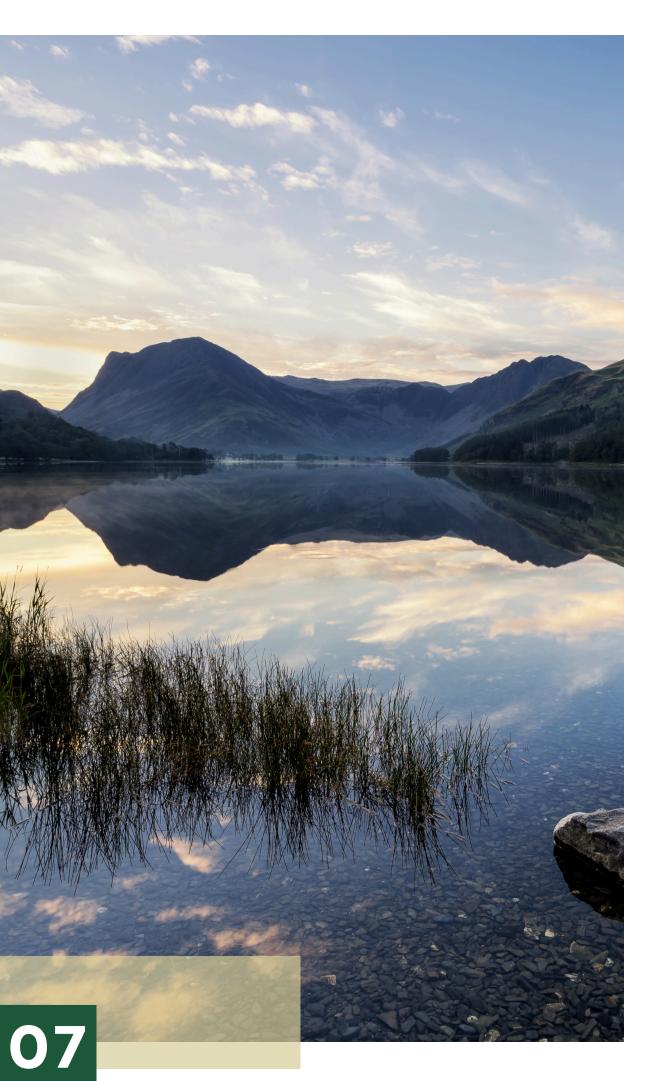
HOLISTIC APPROACH:

Herbal supplements take a holistic approach to health, recognizing the interconnectedness of the body, mind, and spirit. They address underlying imbalances and promote harmony within the body, aligning with the principles of holistic health and wellness.

SUSTAINABILITY:

Herbal supplements often prioritize sustainable sourcing practices, supporting the conservation of plant species and ecosystems. By promoting ethical harvesting and cultivation methods, they encourage responsible stewardship of the Earth's resources.





PERSONALIZED MEDICINE:

Herbal supplements offer personalized approaches to health, recognizing that each individual has unique needs and constitution. Herbalists and practitioners often tailor herbal remedies to suit specific health goals and preferences, empowering individuals to take an active role in their own wellness journey.

ENVIRONMENTAL AWARENESS:

Using herbal supplements encourages an awareness of the environment and our relationship to the natural world. By incorporating plant-based remedies into our healthcare routines, we cultivate a deeper appreciation for the Earth's biodiversity and the interconnected web of life.

MIND-BODY CONNECTION:

Herbal supplements not only address physical health but also promote emotional and spiritual well-being. Many herbs have adaptogenic and nervine properties that support stress resilience, emotional balance, and mental clarity, fostering a holistic approach to healing.



UNLOCKING VITALITY:

The Holistic Benefits of Supplements for Body, Mind, & Soul

Supplements play a crucial role in supporting the health of our body, mind, & soul by providing essential nutrients, promoting balance, & fostering overall well-being. Here's how they contribute to our holistic health:

Physical Health: Supplements provide essential vitamins, minerals, antioxidants, and other nutrients that support the optimal functioning of our bodies. They help fill nutritional gaps in our diets, support organ function, boost immune health, promote energy levels, and contribute to overall vitality.

Mental Health: Certain supplements support brain health & cognitive function, helping to enhance memory, focus, & mental clarity. Nutrients like omega-3 fatty acids, magnesium, & antioxidants play key roles in supporting neurotransmitter synthesis, nerve signaling, & mood regulation, promoting emotional balance & mental well-being.

Emotional Well-Being: Supplements with adaptogenic herbs and nervine properties help the body adapt to stress, support the nervous system, and promote emotional resilience. They help reduce feelings of anxiety, promote relaxation, and support emotional stability, contributing to a sense of inner peace and well-being.

Spiritual Connection: Some supplements, particularly those derived from herbs & botanicals, have been used for centuries in traditional healing practices to support spiritual growth & connection. These may help enhance mindfulness, meditation, & spiritual practices, facilitating a deeper connection to oneself & the world around us.

Holistic Balance: By addressing the physical, mental, emotional, and spiritual aspects of health, supplements support holistic balance and well-being. They help nurture a sense of wholeness and harmony within the body, mind, and soul, allowing us to thrive and live life to the fullest.



GILOY (Tinospora Cordifolia)

Giloy, a popular herb in traditional medicine, is esteemed for its immune-boosting properties and its role in promoting general well-being. It is highly regarded for its ability to support vitality and address a range of health concerns.

- Boosts immunity: Giloy is renowned for its immune-boosting properties, helping the body fight infections and diseases.
- Supports digestion: It aids in digestion, alleviating digestive issues like indigestion, constipation, and bloating.
- Detoxifies the body: Giloy acts as a natural detoxifier, purifying the blood and eliminating toxins from the body.
- Reduces inflammation: It possesses anti-inflammatory properties, which may help reduce inflammation and alleviate symptoms of arthritis and other inflammatory conditions.
- Enhances vitality: Giloy is believed to promote overall vitality and well-being, improving energy levels and stamina.
- Supports respiratory health: It aids in respiratory conditions like cough, cold, and asthma, promoting clearer breathing.
- Manages diabetes: Giloy may help regulate blood sugar levels, making it beneficial for individuals with diabetes.
- Improves skin health: It purifies the blood and supports liver function, which may lead to clearer, healthier skin.
- Relieves stress: Giloy is known for its adaptogenic properties, helping the body cope with stress and anxiety.
- Promotes heart health: It may help lower cholesterol levels and blood pressure, supporting cardiovascular health.

GILOY (Tinospora Cordifolia)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Arjuna (Terminalia Arjuna)

Arjuna Bark, derived from the Terminalia arjuna tree, is prized in Ayurveda for its myriad health benefits, including supporting heart health & promoting overall well-being. Rich in antioxidants & cardio-protective compounds, it is revered for its ability to strengthen the cardiovascular system & enhance vitality.

- **Heart Health**: Arjuna supports cardiovascular function by promoting healthy blood pressure levels and strengthening heart muscles.
- Cholesterol Management: It helps regulate cholesterol levels, reducing the risk of heart disease and atherosclerosis.
- Circulatory Support: Arjuna enhances blood circulation, improving oxygen and nutrient delivery to tissues.
- Antioxidant Protection: Rich in antioxidants, it combats oxidative stress, protecting cells from damage and reducing inflammation.
- Liver Support: Arjuna aids liver function, detoxifying the body and promoting overall liver health.
- Stress Relief: It has adaptogenic properties that help manage stress and anxiety, promoting mental well-being.
- Digestive Aid: Arjuna supports digestive health, alleviating symptoms of indigestion, acidity, and ulcers.
- Immune Boost: It enhances immune function, helping the body defend against infections and diseases.
- Anti-inflammatory Action: Arjuna reduces inflammation, relieving pain and swelling associated with arthritis and other inflammatory conditions.
- Wound Healing: It accelerates wound healing and tissue repair, supporting overall recovery and wellness.

Arjuna (Terminalia Arjuna)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Tulsi (Ocimum Sanctum)

Panch Tulsi," also known as "Five-Leaf Basil," is a potent herbal formulation crafted from five different varieties of tulsi (holy basil) leaves. It is celebrated in Ayurveda for its diverse health benefits. This synergistic blend harnesses the unique properties of each tulsi variety to provide holistic wellness support and vitality.

- Immune Boost: Tulsi strengthens the immune system, aiding in the body's defense against infections & diseases.
- Respiratory Health: It supports respiratory function, easing symptoms of coughs, colds, & asthma, & promoting clearer breathing.
- Digestive Aid: Panch Tulsi aids digestion, alleviating issues like indigestion, bloating, & gas.
- Stress Relief: Its adaptogenic properties helps manage stress & anxiety, promoting relaxation & mental well-being.
- Antioxidant Protection: It is rich in antioxidants, which combat oxidative stress & protect cells from damage.
- Heart Health: It supports cardiovascular function, regulating blood pressure & cholesterol levels to reduce the risk of heart disease.
- Detoxification: It helps detoxify the body, purifying the blood & eliminating toxins for overall health & vitality.
- Anti-inflammatory: It has anti-inflammatory properties, reducing inflammation and relieving pain associated with conditions like arthritis.
- Respiratory Health: Panch Tulsi supports respiratory health, easing symptoms of coughs, colds, and congestion.
- **Skin Care:** It promotes healthy skin by purifying the blood and supporting detoxification, resulting in a clearer complexion and improved skin health.

Tulsi (Ocimum Sanctum)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Cinnamon (Cinnamomum)

Cinnamon, known for its aromatic flavor, offers a multitude of health benefits. It aids in blood sugar control, supports heart health, and possesses anti-inflammatory properties, contributing to overall well-being and vitality.

- Blood Sugar Control: Cinnamon helps regulate blood sugar levels, making it beneficial for managing diabetes.
- Anti-Inflammatory: It has anti-inflammatory properties that may help reduce inflammation and pain associated with conditions like arthritis.
- Antioxidant Rich: It is rich in antioxidants, which protect cells from damage caused by free radicals & oxidative stress.
- Heart Health: It supports cardiovascular function by lowering cholesterol levels and reducing the risk of heart disease.
- Digestive Aid: Cinnamon aids digestion, relieving symptoms of indigestion, bloating, and gas.
- Immune Boost: It boosts the immune system, helping the body fight off infections and illnesses.
- Brain Health: Cinnamon may improve cognitive function and memory, supporting brain health and reducing the risk of neurodegenerative diseases.
- Anti-Microbial: It has antimicrobial properties that may help fight off bacteria, viruses, and fungi.
- Dental Health: Cinnamon may help prevent cavities & gum disease by inhibiting the growth of bacteria in the mouth.
- Weight Management: Cinnamon may aid in weight loss by regulating blood sugar levels, reducing cravings, and boosting metabolism.

Cinnamon (Cinnamomum)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Papaya Leaf (Carica Papaya)

Rich in vitamins, minerals, and enzymes, papaya supports digestion, boosts immunity, and promotes radiant skin, among other advantages, making it a valuable addition to a balanced diet.

- Immune Support: Papaya leaf contains compounds that boost the immune system, helping the body fight off infections and diseases.
- **Digestive Aid:** It aids digestion by promoting the production of digestive enzymes, relieving symptoms of indigestion and bloating.
- Liver Health: Papaya leaf supports liver function, helping to detoxify the body and improve overall liver health.
- Anti-inflammatory: It has anti-inflammatory properties that may help reduce inflammation and pain associated with arthritis and other inflammatory conditions.
- Platelet Support: Papaya leaf may help increase platelet count and improve blood clotting, making it beneficial for individuals with dengue fever and other blood-related disorders.
- Antioxidant Protection: Rich in antioxidants, it combats oxidative stress & protects cells from free radicals damage.
- Skin Health: It promotes healthy skin by supporting collagen production, reducing wrinkles, & improving skin texture.
- Respiratory Health: Papaya leaf supports respiratory function, easing symptoms of coughs, colds, and asthma.
- Menstrual Regulation: It may help regulate menstrual cycles & relieve symptoms of menstrual cramps & irregularities.
- Cancer Prevention: Some studies suggest that papaya leaf extract may have anti-cancer properties, inhibiting the growth of cancer cells and reducing the risk of certain types of cancer.

Papaya Leaf (Carica Papaya)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Jamun (Syzygium Cumini)

Jamun, offers a plethora of health benefits, including blood sugar regulation, digestive support, and immune-boosting properties, making it a valuable addition to a balanced diet. Rich in antioxidants and nutrients, Jamun promotes overall well-being and vitality, contributing to a healthier lifestyle.

- Blood Sugar Regulation: Jamun helps regulate blood sugar levels, making it beneficial for individuals with diabetes.
- Digestive Health: It aids digestion, relieving symptoms of indigestion, bloating, and constipation.
- Immune Boost: Jamun is rich in antioxidants and vitamin C, boosting immune function and protecting against infections.
- Heart Health: It supports cardiovascular health by lowering cholesterol levels and promoting healthy blood pressure.
- Liver Support: Jamun aids liver function, detoxifying the body and promoting overall liver health.
- Anti-inflammatory: It has anti-inflammatory properties, reducing inflammation and relieving pain associated with arthritis.
- Skin Care: Jamun promotes healthy skin by fighting off free radicals and supporting collagen production.
- Weight Management: It aids in weight management by promoting satiety and regulating blood sugar levels.
- Eye Health: Jamun contains compounds that support eye health, reducing the risk of age-related macular degeneration and cataracts.
- Anti-cancer Potential: Some studies suggest that Jamun may have anti-cancer properties, inhibiting the growth of cancer cells and reducing the risk of certain types of cancer.

Jamun (Syzygium Cumini)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Dhamasa (Fagonia Arabica)

Dhamasa, scientifically known as Fagonia arabica, is an herb valued in traditional medicine for its diverse health benefits. Rich in antioxidants and bioactive compounds, Dhamasa supports immune function, aids digestion, promotes heart health, boosts energy levels, and may even have anti-cancer properties, making it a valuable addition to a healthy lifestyle.

- Blood Sugar Regulation: Jamun helps regulate blood sugar levels, making it beneficial for individuals with diabetes.
- Digestive Health: It aids digestion, relieving symptoms of indigestion, bloating, and constipation.
- Immune Boost: Jamun is rich in antioxidants and vitamin C, boosting immune function and protecting against infections.
- Heart Health: It supports cardiovascular health by lowering cholesterol levels and promoting healthy blood pressure.
- Liver Support: Jamun aids liver function, detoxifying the body and promoting overall liver health.
- Anti-inflammatory: It has anti-inflammatory properties, reducing inflammation and relieving pain associated with arthritis.
- Skin Care: Jamun promotes healthy skin by fighting off free radicals and supporting collagen production.
- Weight Management: It aids in weight management by promoting satiety and regulating blood sugar levels.
- Eye Health: Jamun contains compounds that support eye health, reducing the risk of age-related macular degeneration and cataracts.
- Anti-cancer Potential: Some studies suggest that Jamun may have anti-cancer properties, inhibiting the growth of cancer cells and reducing the risk of certain types of cancer.

Dhamasa (Fagonia Arabica)

Recommended Dosage:

• For optimal benefits, mix 5-6 drops of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeating this process 2-3 times daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Prickly Pear (Opuntia Ficus-Indica)

Prickly Pear Juice is derived from the fruit of the prickly pear cactus, scientifically known as Opuntia ficus-indica. This nutritious juice offers a plethora of health benefits

- Antioxidant Powerhouse: Rich in antioxidants like vitamin C and betalains, prickly pear helps combat oxidative stress and reduce the risk of chronic diseases.
- Digestive Support: The fiber content in it aids digestion, promotes bowel regularity, and prevents constipation.
- **Blood Sugar Regulation**: Prickly pear may help stabilize blood sugar levels, making it beneficial for individuals with diabetes or insulin resistance.
- Heart Health: It supports heart health by lowering bad cholesterol levels & reducing the risk of cardiovascular diseases.
- Immune Boost: The high vitamin C content strengthens the immune system, helping the body fight off infections.
- Anti-Inflammatory Properties: Prickly pear contains anti-inflammatory compounds that can help reduce inflammation and alleviate symptoms of inflammatory conditions.
- Weight Management: Its low calorie and high fiber content make prickly pear a great addition to a weight loss diet, promoting satiety and aiding in weight management.
- Hydration: It's naturally hydrating due to high water content, helping maintain optimal hydration levels in the body.
- Skin Health: It helps protect the skin from damage caused by free radicals, promoting healthy and radiant skin.
- Bone Health: Prickly pear contains calcium and magnesium, essential minerals for bone health, helping prevent osteoporosis and maintain bone strength.

Prickly Pear(Opuntia Ficus-Indica)

Recommended Dosage:

• For optimal benefits, mix 2-3 tablespoons of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeat this process twice daily.

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Sea Buckthorn (Hippophae Rhamnoides)

Sea Buckthorn, also known as "the holy fruit of the Himalayas," is prized for its rich nutritional profile and diverse medicinal properties, making it a valuable addition to a healthy lifestyle.

- Immune Support: Sea Buckthorn Juice is rich in vitamin C and other antioxidants that boost the immune system.
- Heart Health: The omega-7 fatty acids and antioxidants in it help reduce inflammation and promote cardiovascular health, supporting heart function and reducing the risk of heart disease.
- Skin Rejuvenation: It helps to hydrate the skin, reduce wrinkles, and promote a healthy, radiant complexion.
- Digestive Health: Fibre in it supports digestion by promoting regular bowel movements & preventing constipation.
- Anti-inflammatory Effects: Sea Buckthorn Juice contains anti-inflammatory compounds that can help reduce inflammation in the body, alleviating symptoms of inflammatory conditions such as arthritis and gastritis.
- Eye Health: The vitamin A and other antioxidants in Sea Buckthorn Juice promote eye health, protecting against agerelated mascular degeneration and other eye conditions.
- Weight Management: It is low in calories and rich in fiber, that can help support weight management goals.
- Liver Detoxification: It supports liver health by promoting detoxification & damage caused by toxins and free radicals.
- Cancer Prevention: Some studies suggest that the antioxidants in Sea Buckthorn Juice may help prevent cancer by inhibiting the growth of cancer cells and reducing the risk of certain types of cancer.
- Energy Boost: It is rich in vitamins and minerals that support overall energy levels and vitality.

Sea Buckthorn (Hippophae Rhamnoides)

Recommended Dosage:

• For optimal benefits, mix 2-3 tablespoons of the supplement into a glass of water and consume, or follow the guidance of a healthcare professional, repeat this process twice daily.

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Apple Cider Vinegar Capsules

Apple cider vinegar capsules encapsulate the health benefits of ACV in a convenient, easy-to-take form, offering digestive support, weight management, and overall wellness in a single dose. With no need for measuring or diluting, these capsules provide a hassle-free way to incorporate ACV into your daily routine.

- Weight Management: ACV capsules may help promote weight loss by reducing appetite, increasing feelings of fullness, and boosting metabolism.
- **Blood Sugar Control**: They can help improve insulin sensitivity and lower blood sugar levels, making them beneficial for individuals with diabetes or insulin resistance.
- **Digestive Health**: ACV capsules support digestion by stimulating the production of stomach acid and promoting the growth of beneficial gut bacteria.
- Heart Health: Consuming ACV capsules may help lower cholesterol levels and blood pressure, reducing the risk of heart disease.
- **Detoxification**: ACV's high acetic acid content supports liver detoxification and may help remove toxins from the body.
- Anti-inflammatory Properties: ACV capsules have anti-inflammatory effects that may help reduce inflammation and alleviate symptoms of inflammatory conditions like arthritis.

Apple Cider Vinegar Capsules

Recommended Dosage:

• For optimal benefits, take I capsule twice daily or follow the guidance of a healthcare professional.

Contents:

• 60 Capsules

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Curcumin Capsules

Curcumin capsules harness the potent anti-inflammatory & antioxidant properties of turmeric, offering natural support for joint health, immune function, & overall well-being. Convenient & easy to incorporate into your daily routine, these capsules provide a simple way to reap the health benefits of curcumin.

- Anti-inflammatory: Curcumin has powerful anti-inflammatory properties, helping to reduce inflammation in the body and alleviate symptoms of inflammatory conditions like arthritis.
- Joint Health: Helps in pain associated with conditions like osteoarthritis and rheumatoid arthritis.
- **Digestive Health:** Curcumin aids digestion by stimulating bile production, improving gut motility, and reducing symptoms of digestive disorders like irritable bowel syndrome (IBS).
- Heart Health: Curcumin supports heart health by improving endothelial function, reducing cholesterol levels, and preventing the buildup of plaque in the arteries, lowering the risk of heart disease.
- Brain Health: Curcumin capsules may help improve cognitive function and protect against neurodegenerative diseases like Alzheimer's by reducing inflammation and oxidative stress in the brain.
- Immune Support: Curcumin boosts immune function by enhancing the activity of immune cells and reducing inflammation, helping the body fight off infections and illnesses.
- Skin Health: Curcumin capsules promote skin health by reducing inflammation, protecting against UV damage.
- Cancer Prevention: Curcumin has been shown to inhibit the growth of cancer cells, prevent tumor formation.

Curcumin Capsules

Recommended Dosage:

• For optimal benefits, take 1 capsule twice daily with milk or follow the guidance of a healthcare professional.

Contents:

• 60 Capsules

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Spirulina Capsules

Spirulina, a type of blue-green algae, is a nutrient-rich superfood known for its numerous health benefits. It is packed with protein, vitamins, minerals, and antioxidants, making it a popular dietary supplement

- Rich Source of Nutrients: Spirulina is packed with essential nutrients, including protein, vitamins (such as B vitamins and vitamin E), minerals (such as iron and magnesium), and antioxidants.
- Boosts Immune System: Spirulina contains immune-boosting properties that can help strengthen the body.
- Supports Heart Health: It may lower "bad" LDL cholesterol levels and triglycerides while increasing "good" HDL cholesterol levels, thereby reducing the risk of heart disease.
- Anti-inflammatory Effects: Spirulina has potent anti-inflammatory properties that can help reduce inflammation in the body and alleviate symptoms of inflammatory conditions like arthritis.
- **Detoxification**: Spirulina helps to detoxify the body by binding to heavy metals and toxins, facilitating their removal from the body.
- Supports Brain Health: Its antioxidant and anti-inflammatory properties may help protect brain cells from damage and improve cognitive function.
- Improves Muscle Strength and Endurance: Spirulina's high protein content and amino acid profile can help support muscle growth, strength, and endurance, making it popular among athletes.
- Supports Blood Sugar Control: Some studies suggest that spirulina may help improve insulin sensitivity and lower blood sugar levels, making it beneficial for individuals with diabetes or insulin resistance.

Spirulina Capsules

Recommended Dosage:

• For optimal benefits, take 1-2 capsules twice daily or follow the guidance of a healthcare professional.

Contents:

• 60 Capsules

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Moringa Capsules

Moringa leaf capsules are packed with vitamins, minerals, antioxidants, and amino acids, moringa leaf capsules support overall health and well-being.

- **Rich in Nutrients:** Moringa leaf capsules are packed with essential vitamins (such as vitamin A, vitamin C, and vitamin E), minerals (such as calcium, potassium, and iron), and antioxidants, providing a potent dose of nutrition.
- Boosts Energy Levels: The nutrient-rich content of moringa leaf capsules helps to combat fatigue and increase energy levels, making them an ideal supplement for those looking to boost vitality and stamina.
- **Promotes Healthy Skin:** The antioxidants and anti-inflammatory compounds found in moringa leaf capsules can help promote healthy skin by reducing oxidative stress, preventing premature aging, and supporting overall skin health.
- Aids Digestion: Moringa leaf capsules contain digestive enzymes and fiber that support healthy digestion, regulate bowel movements, and alleviate digestive discomfort.
- Supports Cardiovascular Health: Studies suggest that moringa leaf capsules may help lower cholesterol levels, reduce blood pressure, and improve heart health, thereby reducing the risk of cardiovascular diseases.
- Helps Manage Blood Sugar Levels: Some research indicates that moringa leaf capsules may help regulate blood sugar levels, making them beneficial for individuals with diabetes or those looking to manage their blood sugar levels.
- Supports Brain Health: Moringa leaf capsules contain compounds that support brain health and cognitive function, potentially reducing the risk of neurodegenerative diseases like Alzheimer's disease.

Moringa Capsules

Recommended Dosage:

• For optimal benefits, take 1-2 capsules twice daily or follow the guidance of a healthcare professional.

Contents:

• 60 Capsules

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision.
Keep out of reach of children.



Super Nova Capsules

Super Nova Herbal Capsules are specifically formulated to boost the immune system, providing a natural and effective way to enhance overall health and well-being.

- Enhanced Immune Response: It contains a combination of immune-boosting herbs & botanicals that help strengthen the body's natural defense mechanisms, enhancing its ability to fight off infections & illnesses.
- Increased Resistance to Infections: The powerful antioxidants and antiviral properties of the herbs in Super Nova Herbal Capsules help fortify the immune system, making the body more resilient to common infections like colds, flu, and respiratory tract infections.
- Reduced Inflammation: Some of the herbs in Super Nova Herbal Capsules possess anti-inflammatory properties, which can help reduce inflammation in the body and promote overall immune health.
- Improved Energy Levels: By supporting immune function and reducing the burden of infections, Super Nova Herbal Capsules may help boost energy levels and vitality, promoting a sense of well-being and vitality.
- Protection Against Environmental Stressors: The herbs in it contains adaptogenic properties, which help the body adapt to & cope with environmental stressors, such as pollution, toxins, & other external threats.
- Enhanced Recovery: Super Nova Herbal Capsules may aid in faster recovery from illness or infection by strengthening the immune system and promoting the body's natural healing processes.
- Overall Health and Wellness: Regular use of Super Nova Herbal Capsules can contribute to overall health and wellness by supporting immune function, reducing the risk of infections, and promoting a healthy immune response.

Super Nova Capsules

Recommended Dosage:

• For optimal benefits, take 1-2 capsules twice daily or follow the guidance of a healthcare professional.

Contents:

• 60 Capsules

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Detox-Maxx Capsules

Detox-Maxx Herbal Detox Capsules offer a natural and effective way to cleanse the body of toxins and promote overall wellness.

- Gentle Cleansing: Detox-Maxx capsules contain herbs known for their gentle cleansing properties, helping to eliminate toxins and waste products from the body's organs and tissues.
- Liver Support: The herbs in Detox-Maxx support liver health and function, aiding in the detoxification process by promoting the breakdown and elimination of toxins from the body.
- **Kidney Health:** Detox-Maxx capsules support kidney health and function, assisting in the filtration and removal of waste products and toxins from the bloodstream.
- **Digestive Support**: These capsules help support healthy digestion and regular bowel movements, promoting the elimination of toxins and waste from the digestive tract.
- Increased Energy: By eliminating toxins and waste products from the body, Detox-Maxx capsules may help boost energy levels and promote overall vitality and well-being.
- Improved Skin Health: Detox-Maxx capsules support healthy skin by promoting the elimination of toxins through the liver and kidneys, helping to reduce the occurrence of skin issues like acne and eczema.
- Weight Management: Some herbs in Detox-Maxx capsules may aid in weight management by supporting the body's natural detoxification processes and promoting the elimination of excess fat and toxins.

Detox-Maxx Capsules

Recommended Dosage:

• For optimal benefits, take 1 capsule once daily or follow the guidance of a healthcare professional.

Contents:

• 30 Capsules

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



Green Tea Effervescent Tablets

Green Tea Effervescent Herbal Tablets offer a convenient and refreshing way to enjoy the benefits of green tea on-the-go. With a unique effervescent formula, these tablets dissolve quickly in water, creating a delicious and revitalizing drink packed with the goodness of green tea and other herbal extracts.

- Antioxidant Support: It's rich in antioxidants, which help protect body from oxidative stress & free radical damage.
- Energy Boost: Geen Tea help increase energy levels and improve alertness and focus.
- Metabolism Support: It may help boost metabolism & promote fat burning, making it a popular choice for those looking to support weight management efforts.
- Immune Support: Green tea is known for its immune-boosting properties, thanks to its high content of antioxidants.
- **Digestive Health:** Some herbal extracts included in the tablets, such as ginger or peppermint, may help support digestive health and alleviate symptoms of indigestion or bloating.
- **Hydration**: Green Tea Effervescent Herbal Tablets offer a convenient way to stay hydrated throughout the day, encouraging water intake with their refreshing taste.
- Convenience: The effervescent tablets are easy to use simply drop one into a glass of water, watch it dissolve, and enjoy a revitalizing drink wherever you are.
- **Portability:** Green Tea Effervescent Herbal Tablets are lightweight and portable, making them perfect for carrying in your bag or keeping at your desk for a quick pick-me-up anytime, anywhere.
- Refreshing Flavor: With a delicious lemon, ginger flavor, it offers a refreshing and enjoyable drinking experience.

Green Tea Effervescent Tablets

Recommended Dosage:

• Drop one tablet in a cup (100ml) of hot water, Let the tablet dissolve and drink this nutritious drink or follow the guidance of a healthcare professional.

Contents:

• 60 Tablets

Caution:

 Consult a healthcare professional before use if pregnant, nursing, or under medical supervision.
Keep out of reach of children.



Fat Cutter Capsules

Herbal Fat Cutter Capsules offer a natural and effective solution for supporting weight management and promoting fat loss. Formulated with a blend of herbal extracts known for their weight-loss properties, these capsules provide a range of benefits to help you achieve your fitness goals.

- Natural Ingredients: Herbal Fat Cutter Capsules contain a blend of herbal extracts, such as Garcinia Cambogia, Green Tea Extract etc., known for their fat-burning and metabolism-boosting properties.
- Fat Burning: The active ingredients in Herbal Fat Cutter Capsules help stimulate the body's metabolism, promoting the breakdown of stored fat cells and facilitating fat burning.
- Appetite Control: Certain herbal extracts in the capsules, such as Garcinia Cambogia, may help suppress appetite and reduce cravings, making it easier to stick to a calorie-controlled diet.
- **Metabolism Support:** By boosting metabolism, Herbal Fat Cutter Capsules help your body efficiently convert food into energy, preventing the accumulation of excess calories as fat.
- Supports Digestive Health: Herbal extracts like Ginger and Triphala included in the capsules support healthy digestion and may help alleviate bloating and digestive discomfort.
- Nutritional Support: While promoting fat loss, Herbal Fat Cutter Capsules also provide essential nutrients and antioxidants that support overall health and well-being.
- Convenience: Taking Herbal Fat Cutter Capsules is convenient and hassle-free, requiring no special preparation or planning. Simply take the recommended dosage daily as part of your weight management routine.

Fat Cutter Capsules

Recommended Dosage:

• For optimal benefits, take 1-2 capsules twice daily or follow the guidance of a healthcare professional.

Contents:

• 60 Capsules

Caution:

• Consult a healthcare professional before use if pregnant, nursing, or under medical supervision. Keep out of reach of children.



GUIDELINES

For Safe and Effective Supplement Use

Dietary Supplement Label: All Ozia Lifewell Pvt. Ltd. products feature a Supplement Facts panel detailing active ingredients, serving sizes, and additional components. While manufacturers recommend serving sizes, individual needs may vary.

Effectiveness: While supplements can help fill nutritional gaps, they can't replace a balanced diet. Scientific evidence supports some supplements for overall health and managing certain conditions.

Safety and Risk: Be aware of potential side effects, especially with new products. Exercise caution during pregnancy, nursing, or when giving supplements to children. Inform your healthcare provider of any serious reactions.

Keep in Mind: Consult your healthcare provider before using supplements to self-treat. Never substitute or combine supplements with prescribed medications without approval. Discuss supplement usage before surgical procedures.

Talk with Your Health Care Provider: Inform your healthcare team of all supplements to ensure comprehensive health management. Keep a record of all supplements and medications for reference.

To optimize your health and well-being, alongside Ozia Lifewell Pvt. Ltd.'s products, consider integrating these additional lifestyle enhancements: Ensure adequate hydration by drinking plenty of water, maintain a regular exercise routine to promote physical fitness, and steer clear of fast food options known to compromise health.

LaserEase: Therapeutic Wristdevice for Wellness

Applications:

- Management of high blood pressure, high blood fat, high blood sugar, and diabetes.
- Addressing conditions related to high blood viscosity such as cerebral thrombosis, stroke, and sudden death.
- Pain relief for various ailments including sports injuries, wounds, joint pain, fractures, arthritis, and general body pain.
- Treatment of rhinitis-related conditions including allergic rhinitis, acute rhinitis, chronic rhinitis, sinusitis, & nasal polyps.
- Management of conditions related to hyperviscosity, hyperlipemia, hyperlipidemia, hypertension, as well as cardiovascular and cerebrovascular diseases.

- Utilizes low-level laser irradiation, which is non-invasive and purportedly has no side effects or risk of cross-infection. It's considered a form of pure green physiotherapy.
- Claims to have a therapeutic effect of over 90%, supported by positive clinical trial reports.
- Designed for household physiotherapy, featuring a small size, intelligent design, easy operation, and convenient portability.



SlimAura RF SculptPro

Applications:

- Body Contouring & Sculpting: Target specific areas for fat reduction and shaping, helping to achieve desired body contours.
- Cellulite Reduction: Smooth and tighten skin by targeting cellulite-prone areas, leading to a more even skin texture.
- Skin Tightening: Stimulate collagen production to firm and tighten loose skin, particularly in areas prone to sagging.
- Muscle Toning: Enhance muscle definition & strength through electrical muscle stimulation, aiding in muscle toning & shaping.

• Weight Loss Support: Assist weight loss efforts by targeting fat cells and promoting muscle activation, contributing to a

more sculpted physique.

- Non-Invasive: Provide effective cosmetic treatments without the need for invasive procedures or surgery, minimizing risks and downtime.
- Versatile Technology: Combine multiple therapeutic modalities in one device, offering a comprehensive solution for various cosmetic concerns.
- Convenient At-Home Use: Enjoy the flexibility of using the device in the comfort of your home, eliminating the need for frequent clinic visits.
- Generally Safe: Utilize technologies that are considered safe for most individuals when used according to instructions, with minimal risk of adverse effects.
- Potential Long-Term Results: Consistent use over time may lead to gradual



SleepEase Pro: Smart Snore Stopper

Functionality

- EMS Pulse Technology: Utilizes Electrical Muscle Stimulation (EMS) pulses to gently stimulate the throat muscles, encouraging proper airflow and reducing the likelihood of snoring episodes during sleep.
- Stop Snoring Aid: Designed specifically to address snoring issues, this device aims to provide a solution for individuals who experience disrupted sleep patterns due to snoring.
- Sleep Apnea Support: While not a replacement for medical treatments, it may offer some relief for mild cases of sleep apnea by promoting better airflow and reducing snoring frequency.

- Portability: Compact and lightweight design allows for easy transport, making it suitable for use while traveling or away from home.
- Comfortable Usage: Designed to be comfortable to wear during sleep, ensuring minimal disruption to sleep quality and overall comfort.
- Non-Invasive: Offers a non-invasive approach to addressing snoring issues, eliminating the need for invasive procedures or bulky devices.
- Easy to Use: Simple operation and user-friendly design make it accessible for individuals of all ages and technical abilities.
- Customizable Settings: Some devices may offer adjustable settings to personalize the intensity of the EMS pulses, allowing users to find the most effective and comfortable level for their needs.



IntelliSweep: Automated Floor Cleaning Robot

Functionality

- Floor Cleaning: Designed to autonomously sweep and clean various floor surfaces, including hardwood, tile, laminate, and carpeted areas.
- Household Cleaning: Suitable for use in homes, apartments, & other residential settings to maintain cleanliness and tidiness.
- Pet Hair Removal: Effectively collects pet hair and dander, making it ideal for households with pets.
- Dust and Debris Removal: Removes dust, dirt, debris, and small particles from floors, helping to improve indoor air quality.
- Time-Saving: Automates the cleaning process, allowing users to save time and effort on routine floor maintenance tasks.

- Convenience: Offers hands-free operation, allowing users to schedule cleaning sessions or initiate cleaning remotely via smartphone apps or voice commands.
- Efficiency: Utilizes intelligent navigation and mapping technology to efficiently clean floors, covering entire areas without missing spots.
- Versatility: Equipped with various cleaning modes and brushes to adapt to different floor types and cleaning needs.
- Space-Saving Design: Compact and slim design enables the robot vacuum to navigate under furniture and reach tight spaces, maximizing cleaning coverage.
- Low Maintenance: Requires minimal maintenance, with features such as self-charging and dustbin emptying, reducing the need for manual intervention.



DISCLAIMER

For Safe and Effective Device Use

- The devices are intended solely for their designated purposes, which are as follows:
 - IntelliSweep: Convenient Cleaning
 - SleepEase Pro: Improved Sleep
 - LaserEase Therapy Device: Pain Relief
 - SlimAura RF SculptPro: Body Contouring
- They should be utilized strictly in accordance with the instructions provided by the manufacturer, to ensure safe and effective operation.
- Users should carefully read and follow all guidelines outlined in the device's user manual before use. Failure to do so may result in improper functioning of the device and could pose safety risks to users.
- Please note that while the devices may offer benefits for their specified applications, individual results may vary. It is essential to consult with a healthcare professional or relevant expert before using the device, especially if you have any underlying medical conditions or concerns.
- Ozia Lifewell Pvt. Ltd. shall not be held liable for any misuse or improper handling of the devices, nor for any adverse effects or damages resulting from their use outside of the manufacturer's recommended guidelines.



THANK

#9197, J Block, Aerocity,



